



World's Largest Selection Of
USA made 550 Paracord
In 1,000 + Colors and
Patterns

Blood and Fire Bracelet

Materials

- 12 ft black 550 paracord
- 7 ft lava flow 550 paracord
- 7 ft red 550 paracord
- 5 ft banana 550 paracord
- 3/4 inch buckle

{Cost for this project starts at \$8.71}
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Step 1: Make a closed four strand double cow's hitch with the banana cord. See our [tutorial for instructions](#) but reverse the directions starting at step 5 so your working ends are in the middle of the bracelet.



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After the last step in the tutorial bring the ends back to the first side and insert the cords down between the knots so you now have four core strands. You'll trim these cord ends later.



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Step 2: Insert the red and lava flow cords through the knots as shown side with equal length on each side.



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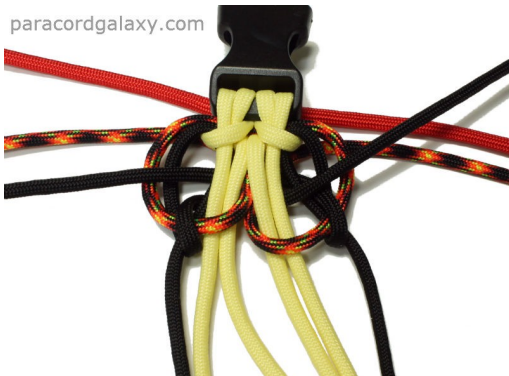
Step 3: At the opposite end, insert the black cord into the knots with equal length on each end.



Step 4: Bring the black cords back to the other side of the bracelet and insert them up through the knot on each side to create a six strand core.



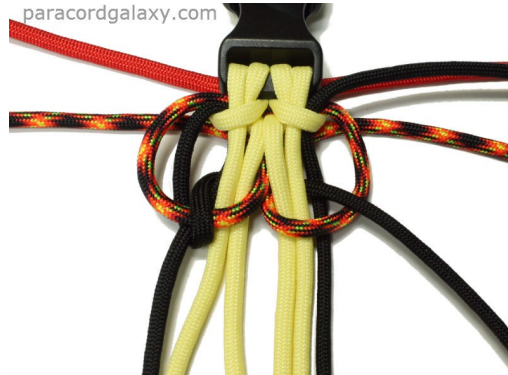
Step 6: Bring the left black cord down through the lava loop then below the loop bring it up between the left black cord and the banana cord.



Step 8: Repeat steps 6 and 7 with the right black cord.



Step 5: Bring the left lava cord down the middle of the bracelet then back behind the left three strands. Repeat with the right. Move the ends upward.



Step 7: Bring the same black cord around the lava loop and back down the loop, then across the back of the bracelet and up through the loop between the banana and black cord on the right.



Tighten all cords. Repeat steps 5 through 8 until the end of the bracelet.



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Step 9: Attach a fid to the red cord and insert it up between the two banana cords.



Step 10: Insert the fid down the middle of the bracelet above the black cords.



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Continue repeating steps 9 and 10 down the left and right sides until you reach the end.



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Trim and melt all ends.



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This made an 8 ½ inch bracelet. This is a very thick bracelet, so you'll need to make the finished length longer than you normally would for a thinner bracelet.



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