Boxed Trail Bracelet

Materials:

Two 7 ft pieces of 550 paracord

(Cost for this project starts at $2.49)

Choose which cord you want on the outside and fold at the center. Cross one side over the other to form a loop.

Find the center of your second piece of paracord and insert it down through the loop of the first cord.

Fold the second loop down and pull the two ends through the loop as shown.

Pull the second cord tight. Adjust the first loop to be about ½ inch.
Step 1: Bring the right cord D over the right middle cord C.

Step 2: Wrap D around C as shown.

Step 3: Bring D down through the loop and tighten the knot. Be careful not to make your loop at the top smaller. This created a basic overhand knot. Repeat steps 1 through 3 with the two left cords A and B.

Step 4: Now we’ll make a cross knot by bringing cord C over cord B.

Step 5: Reach under cord B and bring a part of cord C behind cord B so that it forms a loop as shown.
Step 6: Fold cord B up and around the bottom of cord C and bring it up through the top space between cords B and C.

Tighten the knot until it is snug up against the top. This may take a few adjustments.

Step 7: Now bring B down through the bottom loop created by cord C.

Repeat steps 1 through 3 with left and right sides then steps 4 through 7 until you reach the desired length ending with the overhand knots.

Tighten all knots then trim and melt only the outside cords. Use the other two to tie a knot or use the following steps.

Step 8: Make a loop in the right cord with the working end on the bottom and behind the left cord.
Step 9: Make a loop with the left cord with the working end on top.

Step 10: Bring the left cord to the top of the right loop and bring it up through that loop.

Step 11: Now bring the right cord working end around the top of the left loop and insert it down through the loop. Pull both cords tight then trim and melt the ends.

This made an 8 inch bracelet. There was also enough cord to tie a diamond knot rather than this toggle knot.