



World's Largest Selection Of
USA made 550 Paracord
In 1,000 + Colors and
Patterns

Duo Bar Bracelet



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Materials

10 ft of 425 paracord

5.5 ft of 425 paracord

½ inch buckle

{Cost for this project starts at \$3.98}

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With the 10 ft piece of paracord (color 1),
make a four strand double cow's hitch.
See our tutorial if needed.



On the side with the working ends, loosen
the knots and insert your short piece of
paracord (color 2) so it is centered.
Tighten the knots again.



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Step 1: Bring the left side of color two
over the three left strands and under the
three right strands. Then cross the right
side over the three right strands and under
the three left strands as shown.



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Step 2: Bring the left cord of color 1 over
where color 2 crosses then behind the
cords. Insert it up between the two core
strands on the left and above the color 2
strand.



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Step 3: Repeat step 2 with the right strand. Tighten the strands.



Step 4: Bring the left strand in color 1 over color 2 and under the two left core strands then over the two right core strands. Repeat with the right strand.



Step 5: Bring the left strand of color 2 under where color 1 crosses. Then insert it down through the loop color 1 created or between the working end and the two core strands. Repeat with the right side.



Step 6: Bring the left color 2 strand under the working color 1 strand, then over the two left core strands and under the two right core strands. Repeat with the right side.



Repeat steps 2-6 until you reach the end. Insert the ends between the core strands if possible.



Use your fid to lace the ends under a stitch or two on the back to secure. Trim and melt the ends.