Quick Release Bracelet

Materials:

7.5 feet of 550 paracord

{Cost for this project starts at $1.99}

Step 1: Create a small loop with the right side on top leaving about a ½ inch tail.

Step 2: Insert the long end of paracord up through the loop creating a new loop.

Step 3: Pull the short cord to close the first loop leaving one new loop.

Step 4: Insert the short cord up through the back of the loop. Pull the long cord to close the loop and tighten the knot.
Measure the cord to the desired length. Do not include the knot in your measurement. We measured to 9 inches.

**Step 5:** At the desired length, pinch the cord and bring the remaining length to just below the knot and then back. This gives you three strands for the core.

**Step 6:** At the end opposite the knot, mark a loop about one inch long. With the third strand, start to wrap it around all three strands of your core.

Continue to wrap the cord around all three strands moving toward your knot at the other end. Be sure the first four wraps are tight so you won’t risk losing your loop as you work.

As you wrap, you may need to push the wraps down toward the loop in order to use up all of your cord. Once you reach the knot, you should have a short ½ inch piece left. Insert the end through the small loop remaining located just under the knot. Push up on the wraps to close the loop, then even out the wraps throughout the bracelet. Trim and melt the ends if needed. Be sure the knot fits through the loop end of the bracelet.