Solomon Lark's Head Bracelet

Materials

Two strands of 275 paracord cut to 7-8 foot lengths

Cost for this project starts at $3.98

To start, find the middle of each cord and lay one behind the other as shown.

Step 1: With the cord in the back, bring the right side over the two cords in the middle and under the left side cord.

Step 2: Bring the left side cord behind the middle two cords and up through the loop on the right.

Pull the knot tight and leave a loop about an inch long as shown.
Step 3: Bring the left cord over the center cords and under the right side cord.

Step 4: Take the right cord behind the center cords and up through the loop on the left. Pull tight. This is a solomon or square knot.

Step 5: With the right center cord, bring it over and wrap it around the right cord. Then come up between the two cords. Pull tight.

Step 6: Now reverse step 5 and with the same cord, bring it under and wrap around the right cord then down between the two cords. Pull tight.

This is a lark's head knot.

Repeat steps 5 and 6 with the left cords.
Repeat steps 1 through 6 ending with the square knot until you reach the desired length.

Use the remaining length to tie a diamond knot or other favorite knot. Then trim and melt any excess.

This seven inch bracelet used about six feet of 275 paracord. You can also use other sizes of paracord to create this bracelet. If you use larger sizes, we recommend trimming two cords and using the remaining two to tie your diamond knot at the end.