Lay out the three strands.

Step 1: Cross the left cord over the middle cord. This will be the new middle cord.

Step 2: Bring the right cord over the middle cord.

Repeat steps 1 and 2 until you reach the desired length. Tie or melt the ends.

This is good for many projects including dog leashes, belts, horse reins and more. You can also use six or nine strands for thicker/wider braids.