Triskelion Knot Necklace

Materials

8-10 ft of Type 1 paracord
Pop barrel connector
Beads

(Cost for this project starts at $2.29)

Step 1: Cut your cord into 3 equal pieces and find the centers. With the first cord, form a sideways “S” shape as shown with the center of the cord in the middle of the “S” shape.

Step 2: With the second cord, form an “S” shape with the top following the right curve of the first cord as shown.

Step 3: With the last cord, follow the left curve of the first cord down the bottom of the second as shown.

Step 4: Now we are going to close the open ends of our “S” shape by bringing the cord ends over the curve.
Once you have closed and made three loops, your project should look like this.

**Step 5:** Bring the cord ends from the bottom loop and insert them down through the top right loop.

**Step 6:** Bring the cord ends from the top right loop and insert them down into the top left loop.

**Step 7:** Now bring the cord ends of the top left loop and insert them through the bottom loop.

Carefully tighten your loops by pulling the cord ends. Make sure your strands don’t get crossed.

Tie knots and add beads as desired to the top four strands. We used a cross knot between the beads (see our other tutorial for instructions).
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Patterns

Add the pop barrel connectors to the strands and tie an overhand knot in each to the desired necklace length. Trim and melt the ends.

Add beads and knots as desired to the bottom two strands and trim and melt any excess.

We used about 8 ft of cord and our necklace measures about 13 inches from top to bottom.