Twisted Fire Bracelet

Materials
¾ inch buckle
4 ft neon orange 550 paracord
4 ft lava flow 550 paracord
7 ft black 550 paracord
1.5 ft neon orange 275 paracord

{Cost for this project starts at $8.21}
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Begin making a two strand double cow's hitch. See our tutorial for instructions. Modify it slightly at step 6 by going the reverse direction so your working end is in the middle of the bracelet instead of on the outside.

Reverse the direction for the last cow's hitch at step 8 as well so both working ends are in the middle.

Insert both ends down between the first two cow's hitch knots.

Insert one end of the 275 cord down between the second two cow's hitch knots and pull until ends are even.
Twist the two ends of the 275 cord until it is twisted for the length of your bracelet. Insert both ends down the same space as the working ends of your 550 cord.

Insert the black and lava flow cords with equal length on each side through the cow's hitch knots at the opposite end from the melted cord ends.

**Step 1:** Bring the left lava flow cord up between the two left 550 core strands. Bring the right lava cord up between the two right 550 core strands.

**Step 2:** Bring the left black cord up then over the two left 550 core strands as shown.

**Step 3:** Bring the cord up between the two 550 core strands above where the black cord lays across them. Tighten.

Trim and melt all the cord ends together to secure and prevent the 275 cord from untwisting.
Step 4: Bring the left black cord under the two left core strands.

Step 5: Fold the black cord back and insert it under itself. Tighten.

Step 6: Repeat steps 2 through 5 with the right black cord.

Step 7: Bring the left lava cord across the center of the bracelet and down between the right two 550 core strands. Cross the right lava cord and insert it down between the two left core strands.

Step 8: Cross the two lava cords on the back side and bring them up between the two core strands on each side.

Continue repeating steps 2 through 8. You'll need to tighten the lava cords after each set of knots in the black cords.
Once you reach the end of the bracelet, tighten the black knots well. Trim and melt the black cords.

On the back, weave the lava cords through a few stitches then trim and melt the ends.

This made a bracelet of about 8.25 inches long.