Glasses Lanyard

Materials:

3 feet of 550 paracord

Large or two hole cord stop
or additional paracord

{Cost for this project starts at $1.99}

If using a two hole cord stop, insert each end of the paracord through a hole and slide it to the middle. If using a large cord stop, it can be added now or later.

A

B

Step 1: At one end of the paracord, form a loop about two inches long with A over B. You will need a five inch tail on side A from the point where A and B cross.

A

Step 2: While keeping your loop, bring A over to the right as shown.

A

Step 3: Pinch all three cords in the center so you now have one loop on the left and one on the right. Bring A down behind the loop on the right.

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Step 4: Bring A up and then down around the loop on the right.

Step 5: Wrap A around the loop a second time to the left of the first wrap.

Step 6: Bring A through the loop on the left.

Carefully tighten the knot leaving the loop on the right. This loop should adjust Repeat steps 1-6 with the other end.

Trim and melt any excess. Insert your glasses into each hole and slide the knot up to tighten. Adjust the cord stop so it hangs where you like it.

Instead of a cord stop, you can use additional paracord to wrap around the lanyard like the cobra weave pictured above.